

Checklist for Multi-Day Sea Kayak Trip

www.jcolwell.ca 2005-10-12

Paddling Gear

- | | | |
|---|--|--|
| <input type="checkbox"/> kayak | <input type="checkbox"/> PFD (whistle, knife, compass) | <input type="checkbox"/> spray skirt (strobe, flare) |
| <input type="checkbox"/> paddle | <input type="checkbox"/> spare paddle | <input type="checkbox"/> paddle leash |
| <input type="checkbox"/> paddle float (white flasher) | <input type="checkbox"/> bilge pump | <input type="checkbox"/> sponge |
| <input type="checkbox"/> tow rope | <input type="checkbox"/> deck compass | <input type="checkbox"/> GPS |
| <input type="checkbox"/> charts in case | <input type="checkbox"/> flares, smokes & dye | <input type="checkbox"/> signal mirror |
| <input type="checkbox"/> glow sticks | <input type="checkbox"/> rescue kite | <input type="checkbox"/> sunglasses |
| <input type="checkbox"/> air horn | <input type="checkbox"/> small bike pump (for horn) | <input type="checkbox"/> water bottle holder |
| <input type="checkbox"/> deck bag (red flasher) | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Essentials

- | | | |
|--|--|-------------------------------------|
| <input type="checkbox"/> first aid kit | <input type="checkbox"/> repair/survival kit | <input type="checkbox"/> knife |
| <input type="checkbox"/> water bags (4L/day) | <input type="checkbox"/> food | <input type="checkbox"/> Gatorade |
| <input type="checkbox"/> matches | <input type="checkbox"/> fire starter | <input type="checkbox"/> rope/cord |
| <input type="checkbox"/> sunscreen | <input type="checkbox"/> SPF lipsyl | <input type="checkbox"/> bug dope |
| <input type="checkbox"/> headlamp/flashlight | <input type="checkbox"/> AA batteries | <input type="checkbox"/> binoculars |
| <input type="checkbox"/> barometer | <input type="checkbox"/> paper, pencil | <input type="checkbox"/> watch |
| <input type="checkbox"/> tide/current info | <input type="checkbox"/> ready case (small bk Pelican) | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Clothing (paddling)

- | | | |
|---|--|--|
| <input type="checkbox"/> paddling jacket | <input type="checkbox"/> dry pants | <input type="checkbox"/> neck fleece |
| <input type="checkbox"/> wetsuit top | <input type="checkbox"/> wetsuit bottom | <input type="checkbox"/> warm booties |
| <input type="checkbox"/> bike arms | <input type="checkbox"/> bike legs | <input type="checkbox"/> light booties |
| <input type="checkbox"/> HH turtle neck | <input type="checkbox"/> Tilley hat | <input type="checkbox"/> storm hat |
| <input type="checkbox"/> warm paddle gloves | <input type="checkbox"/> light paddle gloves | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Clothing (camping)

- | | | |
|--|--|---|
| <input type="checkbox"/> light hikers | <input type="checkbox"/> warm socks | <input type="checkbox"/> light socks |
| <input type="checkbox"/> long sleeve shirts | <input type="checkbox"/> short sleeve shirts | <input type="checkbox"/> bug suit |
| <input type="checkbox"/> shorts | <input type="checkbox"/> light long pants | <input type="checkbox"/> ball hat |
| <input type="checkbox"/> HH light top | <input type="checkbox"/> fleece top | <input type="checkbox"/> fleece pants |
| <input type="checkbox"/> compressed fleece top | <input type="checkbox"/> compressed fleece pants | <input type="checkbox"/> HH light long undies |
| <input type="checkbox"/> rain jacket | <input type="checkbox"/> rain pants | <input type="checkbox"/> rain gloves |
| <input type="checkbox"/> balaclava | <input type="checkbox"/> change of clothes at take out | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Camping Gear

- | | | |
|--|---|--|
| <input type="checkbox"/> tent | <input type="checkbox"/> sleeping bag & liner | <input type="checkbox"/> sleeping pad |
| <input type="checkbox"/> stove | <input type="checkbox"/> fuel bottles | <input type="checkbox"/> matches, lighter |
| <input type="checkbox"/> cooking set, pot handle | <input type="checkbox"/> spoons | <input type="checkbox"/> mug & bowl |
| <input type="checkbox"/> coffee maker, filters | <input type="checkbox"/> deck of cards | <input type="checkbox"/> water treatment or filter |
| <input type="checkbox"/> SW soap | <input type="checkbox"/> towel | <input type="checkbox"/> toothbrush & paste |
| <input type="checkbox"/> toilet paper | <input type="checkbox"/> white garbage bags | <input type="checkbox"/> sandwich baggies |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Quick access stuff and food, Multi-Day Sea Kayak Trip

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Deck Bag

flares, smokes, dye, mirror, air horn

GPS

tow rope

binoculars

neck fleece

storm hat

long sleeve shirt

bike arms

munchies

under: water bottle holder & bottles

push stick

on top: map case

blinking light

Ready Box (Pelican case, small black)

sunscreen, SPF lipsyl

bug dope

lighter, matches

CR2 & AA batteries

small knife, multi-tool

brass wire, pencil, paper

Ready Bag (5L blue, pink tape)

soap, towel

toilet paper

head lamp

Repair/Survival Kit

L.V. duct tape

marking tape

rope/cord/wire/bungie

pliers, drivers

deck eyes, rings, biners

nuts, bolts, repair plates

wire wraps

compass, whistle

plastic sheet

fishing hooks, line

Food

coffee & backup coffee

seasoning (hot chilli & black pepper)

dry food meals (mmmm... Bountiful Pasta)

dried soup

granola, dried fruit & veggies

energy bars, oranges

beer, oatmeal, cheese

pita, BP & J, onion